

Hypertonical diseases and their relation with the physical and geographical environment (on the example of Tbilisi and Rustavi)

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Anotation

Medical geography isn't very developed field in Georgia. The landscape diversity of our country allows us to highlight the importance of this field in public health. Often and not infrequently, it is the geographical factor that causes the spread of various diseases, which is the basis for conducting interesting studies. Medical geography studies the effects of the natural environment on human health. Is this effects positive or negative. Which component of nature has a negative impact.

The paper discusses various geographical factors causing one of the most pressing problems, hypertension. Analysis of the materials given as a result of the indicator measurements, the impact of ecological, soil, hydrological pollution on the spread and aggravation of hypertension. The aim of the research is to develop new methodologies based on existing studies and data, which will reveal the connection of the geographical environment to human health, increase the level of public awareness, which will prevent delayed treatment, disease exacerbations and delayed hospitalization.